

## My Health Insurance Passport

If you are planning to sign up for a new or different insurance plan, this may help you. When you are looking for plans, you will want to find one which covers your medications and has your providers in their network. To make it easier to find the right plan, you can fill this out and have it with you when you speak with your case manager or broker.

- I get my medications from \_\_\_\_\_ pharmacy/clinic.
- My medications are:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_
  6. \_\_\_\_\_
  7. \_\_\_\_\_
  8. \_\_\_\_\_
- My primary care provider is: \_\_\_\_\_ I see him/her at \_\_\_\_\_ clinic or hospital.
- The specialist I see for my major health condition is: \_\_\_\_\_ I see him/her at \_\_\_\_\_ clinic or hospital.
- Other specialists I see are: \_\_\_\_\_ I see him/her at \_\_\_\_\_ clinic or hospital.
- My therapist is \_\_\_\_\_.
- I went to \_\_\_\_\_ clinic/hospital the last time I was very sick.
- I get my mental health care at \_\_\_\_\_ hospital/clinic.

### **Some documents I may need when I apply for an insurance plan:**

- Tax forms, like 1040 or W-2 forms
- Pay stubs or checks from my job and family members' jobs
- Social Security numbers (or document numbers) for everyone in my family
- An ID card with my picture and current address, or mail with my current address